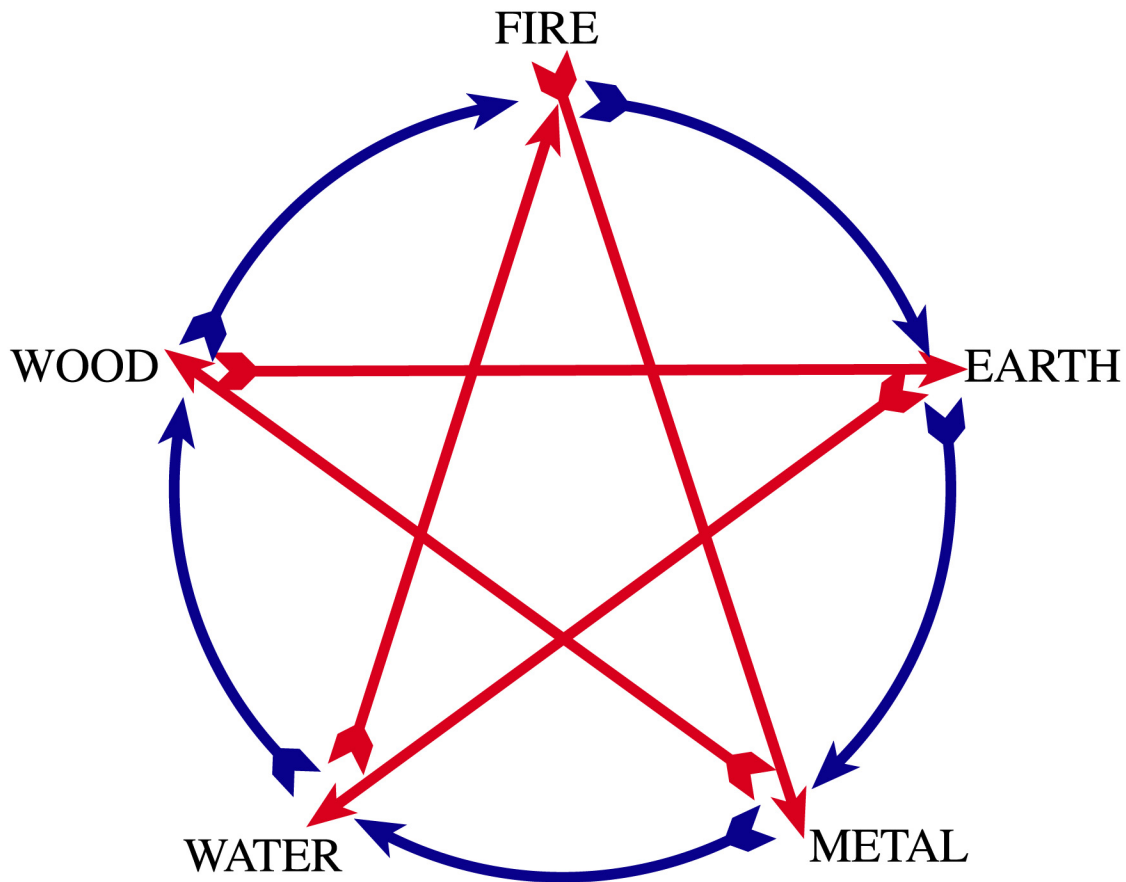


Creation and Control Cycles of Energy



Creation Cycle (Circle)

Use this to increase low energy levels:

- Fire energy creates Earth energy [ash]
- Earth energy creates Metal energy [ore]
- Metal energy generates Water energy [springs]
- Water energy feeds Wood energy
- Wood energy feeds Fire energy

Note: Whenever given the choice, use Creation rather than Controlling energies. While both work methods work efficiently, man's spirit is better served by creating rather than controlling.

Control Cycle (Star)

Use this to decrease high energy levels:

- Fire energy destroys Metal energy [melts]
- Metal energy cuts Wood energy [ax]
- Wood energy holds Earth energy [roots]
- Earth energy controls Water energy [dams]
- Water energy destroys Fire energy [extinguishes]

Note: Each element also has secondary control abilities that need to be taken into consideration:

- Fire energy destroys Wood energy [burns]
- Metal energy cuts Earth energy [digs]
- Wood energy consumes Water energy [drinks]
- Earth energy extinguishes Fire energy [smothers]
- Water energy destroys Metal energy [rusts]